

MONDAY CLASS SCHEDULE

January through June 2012

Classes run 1:00 to 2:30 pm and again from 6:30 to 8:00 pm

SPIRITUAL HEALING

January 9 through January 30

Explore the spiritual dimensions of the healing process using the book, "The Dynamic Laws of Healing" by Catherine Ponder.

A METAPHYSICAL APPROACH TO LENT

February 20 through April 2

What is Lent really all about? What are the metaphysical meanings of the rituals, symbols, and events that we observe during Lent? Get answers to your questions in this seven-week class. Recommended books are "The Week That Changed the World" by Ernest Wilson and "Keep a True Lent" by Charles Fillmore.

BIBLE BASICS: HISTORY & MEANING

April 16 through May 21

Combines a historical overview of the Bible with basic principles of metaphysical interpretation using select passages from both the Old and New Testaments. Students will have an opportunity to do metaphysical interpretation of one of their own favorite stories.

THE ART AND SCIENCE OF PRAYER

June 4 through June 25

Learn simple tools to empower your prayer life. Prayer is both a Science (a demonstrable, repeatable process) and an Art (an experience of joy wonder and awe). Discover the three steps of prayer and the four aspects of total spiritual communion.

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WORKSHOPS:

COSMIC WISDOM: A CREATION SPIRITUALITY PLAYSHOP

Saturday, January 28

9:00 am to 4:30 pm

Celebrate the four paths of Creation Spirituality as we explore the divinity that permeates all creation. Begin to see yourself as blessed by, and a blessing to, the Universe. In this workshop we will experience the glory and wonder of God, enter into the deep mystery of God, and express the creative and transformative powers of God.

BEING FULLY PRESENT: EXPLORING THE FISH PHILOSOPHY

Sunday, February 26

11:45 am to 2:45 pm

Based on the transformative processes developed by Seattle's Pike Place Fish Market that moved them from ordinary to "World Famous", we will experience the seven principles of Being Fully Present: Play, Make Their Day, Be There, Choose Your Attitude, Commit, Be It, and Coach It. Applicable to both our personal and professional lives.

OTHER STUFF

After the first of the year, we will schedule some "Movie and Discussion" groups on Sunday afternoons.